



Lunch Menu Served from 12.30 to 17.00



## **SANDWICHES:** CLASSIC TOASTED SPECIAL € 9.00 Ham, cheese, onion & tomato toastie (1-wheat, 3, 6, 7, 9, 10, 12) HAM & CHEESE PANINI € 9.00 Baked ham, cheddar with Eve's relish (1-wheat, 6, 7, 10, 11, 12) **VEGAN WRAP** € 9.00 Roasted Mediterranean vegetables, hummus and rocket (1-wheat, 6, 9, 10, 11, 12) SMOKED CHICKEN PANINI € 9.00 Tender chicken and creamy mozzarella Homemade tomato & herb sauce (1-wheat, 6, 7, 9, 10, 11, 12) STEAK SANDWICH € 17.00 Prime Irish minute steak, sautéed mushrooms & onions Toasted garlic ciabatta, pepper mayo (1-wheat, 3, 6, 7, 10, 12) All sandwiches are served with salad and fries **SOUPS:** SOUP OF THE DAY € 6.00 Bread roll

€ 9.00

Regular bowl € 9.50

Big bowl € 12.00

Available gluten free

CAESAR SALAD

Parmesan shavings

(1-wheat, 3, 4, 6, 7, 9, 10, 12)

SEAFOOD CHOWDER

Selection of poached fish & shellfish

**SNACKS & STARTERS:** 

Baby gem and creamy Caesar dressing Ciabatta croutons, bacon lardons and

In a creamy soup with soda bread (1-wheat, 2, 3, 4, 6, 7, 9, 10, 12, 14)

(1-wheat, 6, 9, 10, 12)

VEGAN POWER BOWL	Regular bowl € 8.50 Big bowl € 10.50
Bulgur wheat, quinoa and mixed leaves Butternut squash, pomegranate, beans and cir (1-wheat,6,10,12)	
WARM GOATS CHEESE SALAD Grilled cheese with balsamic reduction Beetroot & honey salsa (7,10,12)	€ 9.50
BAKED GARLIC FOCCACCIA FLAT Mozzarella cheese, rocket and basil pesto (1-wheat,3,6,7,8-cashew,9,10,12)	BREAD € 9.50
CHICKEN WINGS  Ranch dip (1-wheat,3,4,6,7,9,10,12)	Regular bowl € 9.00 Big bowl € 12.50
DANNY MANN DIRTY FRIES  Fries, melted cheese & choice of toppings Chilli con carne Pepper salsa Bacon bits and garlic mayo (3,6,7,9,10,12)	Regular bowl € 8.50 Big bowl € 11.00
BIG PLATES:	
DEVIL'S HELL BEER BATTERED FISH OF THE DAY Crispy fried in local lager batter Pea puree, skin on chips and tartar sauce (1-wheat,oat,barley,3,4,6,7,9,10,12)	€18.00
DANNY MANN COTTAGE PIE Ground local beef Tender vegetables with cheddar mash Side salad or skin on fries (1-wheat,6,7,9,10,12)	€ 16.50
VEGAN CHICKPEA & SWEET POTATO	€ 16.00 Add chicken € 4.00

**KERALA CURRY** 

(1-wheat, 6, 9, 10, 11, 12) Available gluten free

Baby spinach, basmati rice and poppadom

SALT AND CHILI SHREDDED CHICKEN € 17.00 Spicy coated chicken strips with salad Fries and garlic mayo (1-wheat, 3, 6, 9, 10, 12) CLASSIC BEEF LASAGNE € 16.50 Topped with mozzarella cheese, salad and fries (1-wheat, 3, 6, 7, 9, 10, 12) **CRONIN'S BANGERS & MASH** € 14.50 Local sausages on creamy potatoes, onion gravy (1-wheat,oat,3,6,7,9,10,12) ROAST OF THE DAY € 16.00 Served with mashed potato and fresh vegetables (6,7,9,12) **BURGERS**: GRILLED 80Z LOCAL BEEF BURGER € 16.50 Bacon, cheddar and Eve's tomato relish Toasted brioche bun and skin on chips (1-wheat, 3, 6, 7, 9, 10, 11, 12) GRILLED SEASONED BUTTERFLIED € 16.50 IRISH CHICKEN BREAST BURGER Cajun mayo, toasted brioche bap Skin on Chips (1-wheat, 3, 6, 7, 9, 10, 11, 12)

SIDE ORDERS:

COLESLAW (3,6,10) € 2.00

SKIN ON FRIES (6) € 3.50

TOSSED SALAD (10,12) € 4.00

CHAMP POTATOES (7,12) € 3.50

ONION RINGS (1-wheat,barley, 3,6) € 3.50

SELECTION OF VEGETABLES (7) € 3.75

SAUTEED MUSHROOMS & ONIONS (7) € 3.75





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## DESSERTS:

DESSERIS:	
SALTED CARAMEL BROWNIE Glenown vanilla bean ice cream (1-wheat,3,6,7,8,12)	€ 7.50
TRIO OF GOURMET ICE CREAMS  Choose from vanilla bean, chocolate Cookies & cream, rum & raisin or strawberry (1-wheat,3,6,7,12)	€ 7.00
CHEESECAKE OF THE DAY (1-wheat, 3, 6, 7, 8, 12)	€ 7.50
CLASSIC WARM APPLE PIE Sauce anglaise (1-wheat, 3, 7, 8-almond, 12)	€ 7.50
BANOFFEE PIE Chantilly cream (1-wheat, 3, 6, 7, 12)	€ 7.50
FRESH FRUIT SALAD With Glenown tropical fruit sorbet	€ 6.50
VEGAN & GLUTEN FREE RASPBERRY FRANGIPANE TART Vegan ice cream (6,8-almonds,12)	€7.50

## RED WINE:

Bottle € 29.00 LA LINDA, MALBEC Glass € 7.50 Argentina An Intense red colour with violet shades, and clear aromas of cherries and spices. In the mouth, it conveys a defined fruit character, ripe tannins and a smooth texture.

CASA SILVA, CABERNET SAUVIGNON Chile

A blend of 70% Cabernet Sauvignon and 30% Carmenère, this 2018 Casa Silva is extremely smooth and juicy with fresh red berry and black cherry fruits

# COLDRIDGE ESTATE, SHIRAZ

#### Australia

This full-bodied Shiraz fills the mouth with blackberries and white pepper notes and has a pleasant lingering finish.

# JEAN BALMONT, MERLOT

### France

This very smooth wine is powerful and just slightly spicy with notes of red fruit.

Bottle € 27.50

Glass € 6.90

Bottle € 29.00

Bottle € 27.50

Glass € 6.90

Glass € 7.50

Bottle € 27.50 Glass € 6.90

Large and fresh bouquet with apple notes. On the palate it is clean andfresh with typical mineral taste.

WHITE WINE:

BOTTER, PINOT GRIGIO

COLDRIDGE ESTATE, CHARDONNAY

Bottle € 27.50 Glass € 6.90

Italy

This wine has crisp, fresh tropica and stone fruit characters, best enjoyed chilled.

# JEAN BALMONT - SAUVIGNON BLANC

Bottle € 31.00 Glass € 8.00

This wine shows very good balance with a hint of smoky and floral aroma.

# ROSÉ

# CHAMPTELOUP - ROSE D' ANJOU

Bottle € 31.00 Glass € 8.00

France

Specially blended from a selection of the finest vats of the vintage, this wine is full of freshness and flavours with a pleasing combination of acidity and residual sweetness.

All our beef, chicken and pork is of Irish origin unless stated otherwise. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations.

Please inform your server if you suffer from any food allergy or have other dietary requirements.

1-Cereals cont. Gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk, 8-Nuts, 9-Celery, 10-Mustard, 11-Sesame Seeds, 12-Sulphites, 13-Lupins, 14-Molluscs